

# **Prescription Restriction Programs and MTF Lock-in PDTS Edit**



# MTF Prescription Restriction Program: Summary

- MTF Prescription Restriction Program: PDTS tool for restricting patients who have been identified as high risk by allowing MTF. The following restriction options are available:
  - All drugs restricted to specific pharmacy(s) and/or provider(s)
  - Only Controlled meds restricted to a specific provider(s)
  - Controlled meds or specific non-controlled meds from mail order or retail pharmacy
- Limitation:
  - Currently, restricting controlled medications to a specific provider(s) AND pharmacy(s) is not an available option

# MTF Prescription Restriction Program: Summary

- Process begins with the MTF provider or pharmacy and requires communication with the TMA Pharmacy Operations Center (POC).
- Modifications and removal of restrictions are determined by the MTF and must be communicated to the TMA POC.
  - Example: medically retired

# Community-Based WTU (CBWTU's) Prescription Restriction Program:

- Tailored to meet the needs of CBWTU's by working with network retail pharmacies
  - Response to challenges with policy implementation and case management/pharmacist support
- Forms for both Prescription Restriction Programs are available at [http://pec.ha.osd.mil/pdts/pdts\\_mtf.php](http://pec.ha.osd.mil/pdts/pdts_mtf.php)



# MTF Lock-in Edit: What is it?

- MTF Lock-in edit:
  - PDTS warning that is triggered by patient restrictions established through Prescription Restriction Programs and is intended to communicate the type of restriction
- Currently, PDTS does not provide warnings to MTF providers or pharmacy staff when a prescription conflicts a patient's restriction.



## MTF Lock-in Edit: How will it work?

- For patients with restrictions established through Prescription Restriction Programs:
  - MTF:
    - PDTS will return a warning message to AHLTA and CHCS if an unauthorized provider and/or pharmacy attempts to prescribe/dispense a medication
    - Lock-in warnings at MTFs can be overridden by the provider and pharmacy
  - Retail and Mail Order pharmacies:
    - PDTS will continue to return rejections to the pharmacy and the prescription will not process
    - Lock-in rejections at retail and mail order pharmacies can not be overridden by the pharmacy



## MTF Lock-in Edit: Scenario and messaging

- Patient RESTRICTED to Prescriber A for all medications

```
Conflict:  LOCKED-IN
Ordered Drug:  LISINOPRIL (ZESTRIL EQ)--PO 2.5MG TAB
Comments:
Additional Information:
PRESCRIBER NOT AUTHORIZED FOR THIS BENEFICIARY.  PHARMACY ONLY, FOR
QUESTIONS CALL 1-866-275-4732 OR DSN (312) 471-8274 OPTION 8.
[PRESS RETURN TO CONTINUE]
```

The TMA POC toll free and DSN numbers are listed in the warning if detailed information on the restriction is required (e.g. the approved provider, pharmacy, etc).

AHLTA: Providers are presented with clinical reasons for not overriding the warning



# MTF Lock-in Edit: Variations in message

Restriction (Scenario)	Message
<b>PHARMACY</b> (RESTRICTED to TMC #9 Pharmacy and attempts filling RX at Main Pharmacy)	<b>PHARMACY NOT AUTHORIZED FOR THIS BENEFICIARY.</b> Pharmacy ONLY, for questions, call 1-866-275-4732 or DSN (312) 471-8274 OPTION 8.
<b>PRESCRIBER</b> (RESTRICTED to Dr. X and Dr. Y prescribes a medication)	<b>PRESCRIBER NOT AUTHORIZED FOR THIS BENEFICIARY...</b>
<b>PRESCRIBER for only controls</b> (RESTRICTED to Dr. X for controls and Dr. Y prescribes Percocet)	<b>PRESCRIBER/DRUG NOT AUTHORIZED FOR THIS BENEFICIARY...</b>
<b>PRESCRIBER and PHARMACY</b> (RESTRICTED to Dr. X and Main Pharmacy)	Receive two messages: <b>PHARMACY NOT AUTHORIZED...</b> <b>PRESCRIBER NOT AUTHORIZED...</b>



## MTF Lock-in Edit: What do I need to do?

- Identify the impact of these warnings on local processes:
  - if and how the Lock-in edit fits into existing local sole provider and related processes.
  - how the pharmacy staff, operations, and work flow should handle these warnings.
- To restrict patients (including retirees, spouses, etc):
  - MTFs must go through the MTF Prescription Restriction process with the TMA POC to establish restrictions for specific patients.
- To obtain details on an existing restriction that generated a Lock-in warning:
  - Contact the TMA POC at 1-866-275-4732 or DSN (312) 471-8274, option 8

# MTF Lock-in Edit: When and How will this be implemented?

## CHCS:

- The MTF Lock-in edit is a part of CHCS Change Package (CP) 362 and was released on 2/21/11.
- The CP must be loaded in order to receive Lock-in warnings.

## PDTS:

- June (estimated timeline): The Lock-in edit will be turned on for the sites currently participating in the MTF Prescription Restriction Program through coordination with the Service Consultants.
- The Lock-in edit will be turned on for all MTF sites after experience with the sites mentioned above.



# How do I learn more about the MTF Lock-in or MTF Prescription Restriction Program?

Additional information on both topics is available at [http://pec.ha.osd.mil/pdts/pdts\\_mtf.php](http://pec.ha.osd.mil/pdts/pdts_mtf.php)

MTF Lock-in Edit educational materials:

- focus on the prescription restriction program and intended meaning of the warning messages
- do not focus on incorporation into local processes

Contact the TMA POC at 1-866-275-4732 OR DSN (312) 471-8274 OPTION 8

